



How Long Is a Minute?

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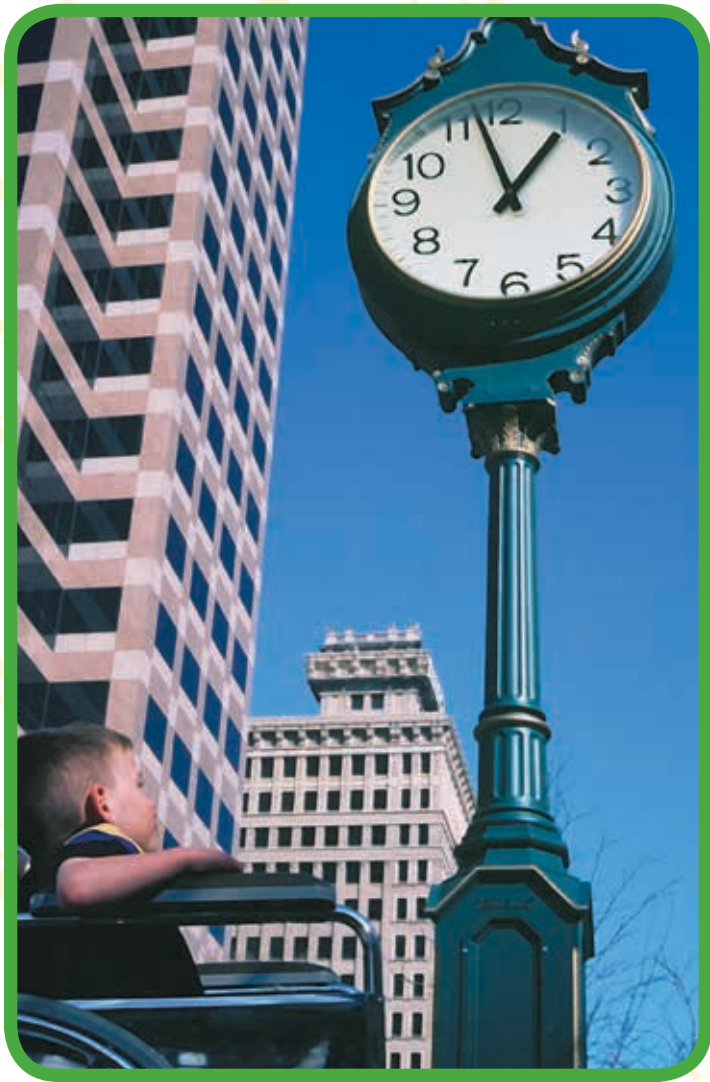




How long is a minute?



Long enough for the big hand on the clock to move between these two little marks.



How long is an hour?



Long enough for that big hand to move all the way around the clock and for the little hand to go from one number to the next.



A minute is a little bit of time. It is about as long as I can hold my breath.



An hour is a longer time. It is about as long as it takes me to do my homework.



In a minute, I can put on my socks and shoes.



In an hour, my mom and I can go to the store and back.



It takes me about a minute to make a peanut butter and jelly sandwich.



It takes my brother about an hour to mix, bake, and ice chocolate cupcakes.



But it only takes me a minute to eat one!



Activities



1. Fold a paper in half. On one side write “Hour” and on the other side write “Minute.” Then under the word “Hour,” draw a picture of something that takes about an hour to do. Under the word “Minute,” draw something that takes about a minute to do.
2. Using a piece of paper and pencil, see how many times you can write your name in a minute.
3. Have someone help you set an alarm for one hour. After the alarm goes off, talk about all the things you did in that hour.

Vocabulary Words



breath: the air you take into your lungs and breathe out again

enough: all that is needed

Math & Science

Minute and Hour

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